

## Course 2 **Questioning Our Present**

For this course, we ask you to gather examples of ageism through the decades of recorded human history, from the arts, medicine and other sciences, to politics, education and religion. We will also identify the ageist language we use today and ageism in different cultures.

### Course Structure

Introduction email: Challenging the stereotypical view of older people

**Wk.1 Historical examples of what we now call ageism**

**Wk.2 The terms we used in our youth to label older people**

**Wk.3 The words that help us deal with change and those that don't**

**Wk.4 Strategies for change – who's doing what now?**

### **Options and Fees**

#### Course 2 **Questioning Our Present**

##### Option 1: **Group Conversations**

Whole Programme Pre-payment gives you:

8 conversation sessions over four weeks @ £400 plus VAT.

This course option can be used as part of the full [vivusclub.com](http://vivusclub.com) membership package.

To join these group conversations, copy and paste:

Hi Alex, send me more information on *Questioning Our Present – group conversations* into my email address [alex@vivusclub.com](mailto:alex@vivusclub.com)

## Option 2: **One-to-one Conversations**

Whole Programme Pre-payment gives you:

8 conversation sessions over four weeks @ £600 plus VAT.

This course would be useful for managers and executives who have direct or in-direct responsibility for:

- Employee advancement and exiting policies.
- Promoting company changes internally and externally
- Attracting new employees and clients

This course would also be a 'soft' introduction for managers and executives unfamiliar with video conferencing as part of a distance-working, reporting system.

The one-to-one option allows for detailed assessment of personal ageism encounters.

To join these one-to-one conversations, copy and paste:

Hi Alex, send me more information on ***Questioning Our Present – one-to-one conversations*** into my email address [alex@vivusclub.com](mailto:alex@vivusclub.com)

This course option is NOT available as part of the full vivusclub.com membership package.